



2017 Prepare to Care Workshop Itinerary

Tuesday, June 27, 2017

8:30-8:45 am	Registration, Welcome by Dr. Lynn George, Dean, College of Health and Wellness- Room 107
8:45 am	Walk to Curran Hall- 4 th floor
9:00-10:15 am	Sim mother and baby - Renee Zavitsanos, RN
10:15- 10:30 am	Walk back to AJP
10:30–11:50 am	Anatomy Lab with Dr. Steve Borecky, Professor, Biology
12:00 – 12:50 pm	Lunch in Tiernan Dining Hall
1:00-2:20 pm	Skills Lab: Hands on activities, vital signs, blood pressure checks - Curran Hall Carla Tomas, MSN, RN, Danielle Spirnak, DNP, MSN, RN
2:20-2:30 pm	Walk back to AJP
2:30-4:00 pm	<i>Brains, Hearts and Eyeballs</i> - Dissection Lab, Mrs. S
4:15-4:45 pm	Take sleeping bags to residence halls and room check-in
4:45–5:15 pm	Get room assignments and set up your room
5:15-6:00 pm	Dinner in Tiernan Hall
6:15–8:00 pm	Snow Cones and Ice Cream Sodas - AJP
8:00–8:15 pm	Assistants take you back to the dorms
8:30–10:00 pm	Activity with the RA's

Wednesday, June 28, 2017

7:00-7:20 am	Pick up breakfast in Frances Warde Lobby
7:30 am	Travel to CORE- Center for Organ Recovery and Education
8:30 am-2:00 pm	CORE Activity
2:00-3:00 pm	Travel back to campus
3:15-5:00 pm	Respiratory Care Lab
5:15- 6:00 PM	Dinner in Tiernan Hall
6:15- 8:00 pm	Chelsea Holmes, Women for a Healthy Environment- 2 nd Floor University Commons
8:00-8:15 pm	Walk back to dorms and relax
8:30- 10:00 pm	Activity with RA's

Thursday, June 29, 2017

7:00-7:30 am	Stop and pick up bag breakfast and eat, Frances Warde Hall Lobby
7:30-7:50 am	Group 1-Travels to Allegheny General to observe an open heart surgery
8:00-9:45 am	1st Group in observation at AGH
9:50-10:15 am	Group 1 travels back
9:15-9:30 am	Group 2 travels to AGH
9:45-11:30 am	2nd Group in observation at AGH
10:15- noon	Group 1 -Lab with Mrs. S
11:40-12:00 pm	Group 2 - Travesl back to Carlow
12:00-12:40 pm	Pizza and salad lunch in AJP, Lunch and talk with Stephanie Demalon- Admissions
12:45 pm	Walk to Presbyterian Hospital
1:00-4:00 pm	Presbyterian Hospital
4:15-5:00 pm	Relax before dinner

5:00- 5:30 pm	Eat in Tiernan Dining Hall
5:45 pm	Bus to Station Square for boat trip on driveway front of University Commons
6:30- 7:30 pm	Sightseeing Trip- Gateway Clipper
7:30 – 8:00 pm	Ride back to Carlow
8:00- 10 pm	Activity with RA's
10:00 pm	In rooms

Friday, June 30, 2017

8:00-9:15 am	Return keys, bring down sleeping bags and luggage to Campus Assembly Room Eat breakfast at Tiernan Dining hall
9:30-11:15 am	Dr. Roberta Renzalli Cain, Obstetrician and Gynecologist - UC 2 nd floor
11:30-11:45 am	Conclusions, Evaluations and Certificates
12:00 pm	Pick up at Frances Warde Hall